

**KENT STATE UNIVERSITY
COLLEGE OF NURSING**

TECHNICAL SKILLS RECORD/ CHECKLIST

Student Name: Nicole Perretta

The following list represents basic technical skills exposure expected by program completion. Please insert the date next to the skills you perform at the end of each lab and/or clinical day. The form is to be kept in your portfolio until the end of the program. One copy will be submitted to the College of Nursing office.

	Have seen demonstrated, but have not performed	Skill Performance with direct supervision in lab or clinical setting		Skill performance without direct supervision in lab or clinical setting		Additional Comments
		Adult	Child	Adult	Child	
DIRECT PATIENT CARE		10/21/11		10/21/11		
Complete Bath		10/21/11		10/21/11		
Oral Care		10/21/11		10/21/11		
Skin Care		10/21/11		10/21/11		
Hair Care		1/21/10		2/5/10		
Foot & Nail Care		1/21/10		2/5/10		
Back Massage		1/21/10		2/5/10		
Braden Scale Skin Assessment	10.7.09	1/21/10		1/29/10		
Positioning & Repositioning		1/28/10		2/19/10		
Range of Motion		1/28/10		2/19/10		
Assist with Ambulation		1/28/10		2/19/10		
Falls Precautions		1/28/10		9/13/11		
Transfer Techniques		1/28/10		9/18/11		
Feeding		10/15/11		10/15/11		
Recording I & O's		4/9/10		2/12/10		
Ted Hose/SCDs		4/16/10		2/12/10		
APPLYING RESTRAINTS						
Posey						
Wrist & Ankle		9/13/11		9/13/11		
BED MAKING						
Occupied		10/15/11		10/15/11		
Unoccupied		10/15/11		10/15/11		
VITAL SIGNS						
Temperature		10/21/11		10/21/11		
Respiration		10/21/11		10/21/11		
Pulse		10/21/11		10/21/11		
Blood Pressure		10/21/11		10/21/11		
Orthostatic Blood Pressure		9/23/09		1/29/10		
Pain Assessment		10/21/11		10/21/11		
NEUROLOGICAL ASSESSMENT						
Glasgow Coma Scale		10/21/10		1/29/10		

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CARDIAC MONITORING						
EKG/Telemetry		10/21/11		10/21/11		
12 lead EKG administration		3/6/12				
ELIMINATION						
Enemas		04/22/10				
Colostomy: Irrigation		04/22/10				
Dressing		04/22/10				
Placing Appliance		04/22/10				
Ileostomy		04/22/10				
Catheterization		4/8/10				
Indwelling: Male		4/8/10				
Female		4/8/10				
Straight: Male		4/8/10				
Female		4/8/10				
Urosheath: Male						
Indwelling Catheter Care		4/8/10				
Catheter Irrigation						
Perineal Care		4/8/10				
Urosheath Care						
IRRIGATIONS						
Eye						
Ear						
Bladder						
Vaginal						
Wound		10/16/11		10/20/11		
SPECIMEN COLLECTION						
24 hour Urine		9/3/11		9/3/11		
Specific Gravity						
Sterile from indwelling cath						
Stool:						
Guaiac/Hemoccult		9/18/11		9/18/11		
Ova & Parasite						
C & S		9/18/11		9/18/11		
Sputum		2/20/12		2/20/12		
Blood Glucose Monitoring		10/15/11		10/15/11		
PRE & POST OPERATIVE CARE						
Pre-op Checklist/Informed Consent						
Dry sterile dressing		10/15/11		10/15/11		
Peripheral IV site dressing change		9/18/11		9/18/11		
Central line dressing change		10/11/11		10/11/11		
Wet → Dry sterile dressing		2/11/10				
Packed wound dressing		9/13/11		9/13/11		

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Coughing & deep breathing		10/11/11		10/11/11		
Incentive spirometry		10/15/11		10/15/11		
Assist to dangle & ambulate		1/29/10		4/19/10		
Assist with cast						
Assist with traction						
Intermittent wall suction						
Naso-gastric irrigation		3/3/10				
Hemovac drain care		10/16/11		10/16/11		
JP drain care		3/3/10				
Nasogastric continuous feeding		3/3/10		3/26/12		
Gastrostomy intermittent feeding						
RESPIRATORY CARE						
Oxygen Therapy:		10/20/11		10/20/11		
Nasal cannula		10/20/11		10/20/11		
Mask		10/15/11		10/15/11		
Pulse Oximetry		10/21/11		10/21/11		
Suctioning:						
Oropharyngeal		4/09/12				
Endotracheal						
Tracheostomy care						
Chest tube care		9/15/10				
Postural drainage						
Percussion, drainage, & clapping						
ISOLATION TECHNIQUES						
VRE/MRSA						
TB						
Neutrapenic (Reverse)						
MEDICATION ADMINISTRATION						
Oral		10/21/11		10/21/11		
Patches/topical		10/21/11		10/21/11		
Subcutaneous		10/21/11		10/21/11		
Intramuscular		10/21/11		10/21/11		
Z-Track						
IV INFUSION						
Peripheral		10/21/11		10/21/11		
PICC line		10/21/11		10/21/11		
Central/Triple Lumen		4/09/12		04/09/12		
Monitoring of Drip Rate		10/11/11		04/09/12		
IV site assessment		10/21/11		10/21/11		
Changing IV fluid bags		10/21/11		10/21/11		
Changing IV fluid tubings		10/21/11		10/21/11		
Arterial line maintenance		3/12/12		3/12/12		

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COMPUTER DOCUMENTATION		10/21/11		10/21/11		
EXPERIENCE TEACHING:						
Patients		10/15/11		10/15/11		
Families		10/15/11		10/15/11		
DISCHARGE PLANNING		10/20/11		10/20/11		
BASIC LIFE SUPPORT (record dates of completion)						

**Modified with permission from University Hospital of Cleveland Nurse Extern Skills Experience
Record/Checklist
**Revised 8/08